



Kindness Kits

The LMH Health Volunteer Services is seeking individual or group volunteers to collect supplies and assemble patient kindness kits.

This volunteer opportunity is done off-site and hours can be verified through the LMH Health Volunteer Services office.




What Kindness Kits should include:


- Tissues
- Sleep Mask
- Lip Balm
- Unscented Lotion
- Hand Sanitizer
- Caddy of sorts to hold Kindness Kit items

Optional things to Include:

- Adult coloring book with colored pencils, thin lined markers, or crayons
- Handmade card
- Notepad and pen

If you think you or your organization would like to participate, contact Shane:

 shane.heiman@lmh.org

 (785) 505-3146



BENEFITS:

- Giving back made easy
- Hours Verification through LMH Volunteer Services
- You or your organization decides how many kits to make and when!